



**September 2019**

**Dear NIHOA Official,**

**Attached please find the 2019-2020 NIHOA Rules Examination. The exam can be used with National Federation and NCAA Rules and Interpretations. This year's exam is similar to recent ones and provides our officials a practical and useful reference tool for preparation and review during the season. Answer sheets are provided for each.**

**The 2019-2020 season is fast approaching. As officials, rules knowledge is crucial as appropriate application and correct interpretations are keys to our on-ice success. Proper game management and correct calls are the objective of this exam.**

**I encourage everyone to complete the exam online through the Central Hub at NIHOA.COM. Once you complete the exam you will receive your results electronically. If you have any questions or need help accessing the exam, please let me know.**

**Good luck to all and have a successful and safe year.**

**Best Regards,**

**Bruce**

**Bruce Bagley  
NIHOA 2<sup>nd</sup> Vice President**



**NATIONAL ICE HOCKEY OFFICIALS ASSOCIATION  
RULES EXAMINATION  
2019-2020**

***ALL ANSWERS MUST BE PLACED ON THE APPROPRIATE ANSWER SHEET PROVIDED FOR EACH OF THE TWO RULEBOOKS (FEDERATION, NCAA).***

- 1. Both teams are at full strength. At 10:40, A1 and B1 receive minor penalties for slashing. At the same stoppage, A2 and B2 receive disqualification penalties (Major plus Game Misconduct USAH) for fighting and A3 and B3 are both assessed minor penalties for roughing. The ensuing on-ice strength, excluding goalkeepers, will be:
  - a. 5 on 5;**
  - b. 4 on 4;**
  - c. 3 on 3.****
  
- 2. Team A dumps the puck into their offensive zone from just outside the Team B defensive zone blue line while teammates are offsides. Team B goalie skates out of the net to play the puck and inadvertently shoots the puck directly out of play below the Team B blue line while Team A players are still offsides. Face-off location will be:
  - a. Team B defensive zone with delay of game penalty to Team B goalie.**
  - b. Neutral Zone**
  - c. Team B defensive zone as last play with no Team B change allowed.****
  
- 3. Two players are battling on the boards for the puck. Team A player gains an advantage on his opponent's upper body, pushing him backwards. At the same time, he uses his leg to knock the feet out from under his opponent, causing him to fall from the ice. The resulting call is:
  - a. minor and misconduct penalty;**
  - b. major and game misconduct or disqualification at the discretion of the referee;**
  - c. major and misconduct penalty;**
  - d. major, or game disqualification at the discretion of the referee.****
  
- 4. A Team A player ice moving up the ice through the neutral zone as the puck is passed to him from a teammate. He catches the puck and throws it forward to maintain momentum. The referee should:
  - a. Call a minor penalty on the Team A player;**
  - b. Allow play to continue, as this is a good play;**
  - c. Stop play for a neutral zone faceoff that does not give an advantage to Team A.****

5. The penalty for a racial, gender or ethnic slur is

- a. **Game Misconduct;**
- b. **Major;**
- c. **Disqualification;**
- d. **Misconduct.**

6. A Player's stick shall not exceed how many inches in length from the heel to the end of the shaft;

- a. **65**
- b. **63**
- c. **61**
- d. **73**

7. Striking an opponent with the stick above the opponent's shoulders is prohibited, regardless of whether the action was intentional or not.

- a. **True;**
- b. **False.**

8. With both teams playing at full-strength, A1 slashes B2 (minor penalty) in front of the net. In retaliation, B1 flagrantly checks A1 from behind into the goal post headfirst. The Team A goalkeeper cross-checks player B1 (minor penalty). The ensuing on-ice strength, excluding goalkeepers, will be:

- a. **4 on 5;**
- b. **4 on 4;**
- c. **3 on 4.**

9. For faceoffs in the attacking zone, the defending team will put down their stick first. In all other faceoffs, the visiting team will put down their sticks first?

- a. **True;**
- b. **False.**

10. During play the official signals a delayed minor penalty on A1. During this delay A2 is also signaled for another delayed minor penalty. During the delay Team B scores. On-ice strength at next face-off will be:

- a. **5 on 5**
- b. **5 on 3**
- c. **5 on 4**

11. The water bottles used by goalkeepers must be secured to the top or back of the goal frame;

- a. **True**
- b. **False**

12. The Team B right wing makes a pass to his center, who is positioned in the slot. The pass is high and the Team B center, in one complete motion, bats the puck with his glove directly on the opposing goaltender. The referee shall:
- delayed whistle – potential hand pass;
  - immediate whistle – end zone face-off of team B;
  - immediate whistle – neutral zone face off.
13. During play, a Team B player intentionally trips a Team A player. The penalty options the official may assess:
- minor penalty, or penalty shot;
  - minor or major penalty;
  - major and game misconduct;
  - minor, major, game disqualification, or penalty shot
14. With the puck in Team A's defending zone, a delayed penalty is called on Team A and Team B prematurely substitutes for its goalkeeper. The ensuing face-off will be held in Team B's attacking zone.
- True;
  - False.
15. Whistle for minor penalty on Team A in their defensive zone. After whistle and just before ensuing face-off Team B is assessed a penalty. Where is face-off?
- Team A defensive end zone;
  - Team B defensive end zone;
  - Team A neutral zone;
  - Team B neutral zone.
16. In the 4 man or 2 referee 1 linesmen systems, the Referee shall drop the puck.
- at the start of the Game;
  - at the start of each period;
  - never
17. Both teams are at full strength when A1 is assessed a major penalty at 7:00. During the play at the 4:00 mark A2 is assessed a delayed minor. Team B scores during this delayed penalty. What is the on-ice strength, excluding goalkeepers, of each team at the ensuing face-off?
- 3 on 5;
  - 4 on 5 A1's penalty terminates;
  - 4 on 5 A2's penalty terminates;
18. The Team B goalkeeper comes out of the net to play the puck but remains in the privileged area. An attacking Team A player rushes in and pressures the goalkeeper. Realizing the threat of the attacking player, the goaltender freezes the puck within the privileged area in front of the goal line, but not in contact with the goal crease. The goaltender is subject to:
- an official's warning;
  - a minor penalty;
  - a whistle and immediate end zone face-off.

**19. All players, including goalkeepers, must wear helmets and facemasks that meet current HECC/ASTM standards at time of manufacture." NOTE: Compliance with standards requires that helmet and facemasks be less than 6.5 years old from date of manufacture.**

- a. True;
- b. False.

**20. The penalty for moving during a face off is;**

- a. First offense the person taking the faceoff is replaced with someone on the ice, 2<sup>nd</sup> offense of the game is a minor for delay of game;
- b. First offense warning, 2<sup>nd</sup> offense on the same face off minor for delay of game;
- c. First offense the person taking the faceoff is replaced with someone on the ice, 2<sup>nd</sup> offense on the same faceoff minor for delay of game;
- d. First offense warning, 2<sup>nd</sup> offense the person taking the faceoff is replaced with someone on the ice.

**21. During play, a Team A player grasps the face mask of an opponent. The referee must assess:**

- a. major penalty;
- b. major and game misconduct or disqualification;
- c. major, or major and misconduct, or a game disqualification;
- d. major and game misconduct.

**22. Once the game has started, an eligible player or goalkeeper not already in the game may be added to the score sheet during a stoppage of play provided no players are deleted from the game roster and maximum roster size has not been exceeded. The offending team shall be assessed a bench minor penalty for illegal substitution for each player added. This penalty is assessed whether or not the omission was deemed inadvertent.**

- a. True;
- b. False.

**23. After the start of the game. The Team A captain brings to the attention of the referee that Team B has 4 goalies and 15 forward skaters on their bench. This is legal.**

- a. True;
- b. False.

**24. Only a player in goalkeeper ruled a goal keeper can defend a penalty shot.**

- a. True
- b. False

**25. Team A and Team B are at full strength. At 8:00, A1 and B1 are assessed minor penalties for roughing. At 7:30 A2 is assessed a minor penalty for holding, B2 is assessed a minor penalty for slashing and B3 receives a minor penalty for unsportsmanlike conduct. At 7:00, Team A scores. At the ensuing face-off, the on-ice strength, excluding goalkeepers, will be:**

- a. 4 on 4, B1 released;
- b. 5 on 5, B2 or B3 released;

- c. 4 on 4, B2 or B3 released.
26. Team A player sees the puck being passed to him or her and clearly turns their skate in a skillful move and directs the puck into the net for a goal. The goal should be:
- Disallowed;
  - Allowed.
27. The initial penalty for a coach using obscene gestures directed at officials or others during the warm-up, during the progress of the game, or during an intermission or after the game is.
- Major
  - Bench Minor
  - Bench Minor and Game Misconduct
  - Misconduct
28. The back official signals and icing. The front official is distracted by two opposing players on his way to confirm the icing. He does not notice the back official cancelling the icing and blows his whistle causing a stoppage of play. The faceoff is held:
- at the nearest end zone faceoff spot to the goal line where play was stopped in error;
  - at the center ice faceoff spot, unless unduly penalizing one team;
  - at the center ice faceoff spot.
29. Where is face-off location after a penalty on defending team when offensive team player(s) enter the attacking zone beyond outer edge of end zone face-off circle after the whistle.
- Nearest Neutral Zone;
  - Penalized teams defensive end;
  - Center ice;
  - Attacking team defensive end.
30. Team A shoots the puck with force along the left side boards from behind the red line in a potential icing situation. The puck travels the full length of the ice and is going behind the goal area and coming up the right side boards. The Team B player is the first player to reach the left side face-off dot before any player has touched the puck. Meanwhile, the puck is about to be played a second later by a Team A player along the right side boards. Icing should be called.
- True
  - False
31. While battling for position in front of the net, a Team A player raises his stick and cross checks the Team B player directly in the side of the Team B player's neck. What are the options that can be called for a penalty?
- Minor and misconduct or major and game misconduct;
  - Minor, major or disqualification;
  - Major and game misconduct or disqualification;
  - Major or game disqualification.

**32. Player A1 is assessed two separate minor penalties at one stoppage. 10 seconds after play resumes A2 is assessed a minor penalty, 30 seconds later Team B scores. Which penalty expires?**

- A. A1's First Minor. Continue 5 on 3**
- B. A2's Minor. Play 5 on 4**
- C. A1's Second Minor. Continue 5 on 3**

**33. During overtime, the Team A captain requests a timeout. Team B disputes the request, as Team A already used a timeout during regulation play. The referee should allow the timeout.**

- a. True;**
- b. False.**

**34. Team A and Team B are at full strength. At 8:00, A1 is assessed a minor penalty for tripping. At 7:40, B1 is assessed a minor penalty for holding. At 7:30, A2 is assessed a minor penalty for slashing. At 7:00, Team B scores. At the ensuing face-off, the on ice strength, excluding goalkeepers, will be:**

- a. 4 on 4; A1 penalty terminates;**
- b. 4 on 4; A2 penalty terminates;**
- c. 5 on 5; A1 penalty terminates.**

**35. As part of the faceoff process, linesman/referee shall:**

- a. Use his judgment as to how to drop the puck;**
- b. Hold the puck at the beltline;**
- c. Hold the puck at the beltline, then present the puck when the centers are ready.**

**36. A1 delivers a violent check to B1, who is a vulnerable and unsuspecting player without the puck. The penalty assessed shall be:**

- a. Roughing: Minor**
- b. Roughing: Major or Game Disqualification;**
- c. Interference: Major, Game Misconduct or Disqualification;**

**37. During warmup, the linesman notices that there are no coaches on the Team B bench. He notifies the referee who:**

- a. Notify the captain of the offending team they need to have a coach on the bench;**
- b. Order the players from the offending team off the ice;**
- c. Allow warmups to continue.**

**38. The referee may assess the following penalty options to any player who deliberately leaves his feet or lowers his body to make contact with the opponent at or below the front of the knees (Clipping), unless done so for the purpose of blocking a shot.**

- a. Minor;**
- b. Major;**
- c. Minor, Major or DQ;**
- d. Minor, Major, or DQ, at discretion of the official a Game Misconduct maybe assessed.**

- 39. Team A is assessed a bench minor penalty. Any player, except a goalkeeper, who was on the ice when play is stopped, must serve the penalty.**
- True;**
  - False.**
- 40. While teams are at even strength a goal scored against Team A during a delayed minor penalty call against Team A. The penalty to Team A is washed.**
- True;**
  - False.**
- 41. A1 and B1 are battling for the puck along the end boards – A1 checks B1 from behind causing B1 to fall onto the boards and to the ice without injury and immediately gets back up and continues play. The penalty assessed shall be:**
- Major and game misconduct or disqualification;**
  - Minor and misconduct or Major and Game Misconduct;**
  - Minor or Major;**
  - Major and Misconduct or disqualification.**
- 42. A1 is in possession and control of the puck within the privileged area of the Team B goalkeeper. The Team B goalkeeper skates out of the crease and legally body checks A1. The referee should:**
- allow play to continue;**
  - assess a minor penalty to the goalkeeper;**
  - assess a misconduct to the goalkeeper.**
- 43. Both teams are at full strength when A1 is assessed a major penalty at 3:45. During the play at the 2:00 mark B1 is assessed a delayed minor. Team A scores during this delayed penalty. What is the on-ice strength, excluding goalkeepers, of each team at the ensuing face-off?**
- 4 on 5 B1's penalty is washed;**
  - 4 on 4 B1's penalty is assessed;**
  - 5 on 4 A1's penalty terminates.**
- 44. During the game, a goalie is noticed by the referee to have his/her legs exposed behind their goalie pads. The referee should assess:**
- Call a misconduct on the goalkeeper;**
  - Allow the goalie to keep playing in the game;**
  - Call a minor penalty on the goalkeeper.**
- 45. Team A has established play in its attacking zone. A2 at the point shoots the puck to A3 in the corner and A3 deflects the puck directly out of the playing area. The ensuing face-off shall take place in the Team A attacking zone.**
- True;**
  - False.**

**46. If either faceoff player closes the hand on the puck during the immediate action after the puck is dropped the official shall;**

- a. Immediately stop play and assess the offending player a minor penalty;**
- b. allow play to continue if not in violation of hand pass rule;**
- c. immediately stop play and re-conduct faceoff.**

**47. The goaltender makes a glove save and then throws the puck forward towards a teammate up near the blue line. The proper call is:**

- a. No whistle. Legal play.**
- b. Whistle and minor penalty.**
- e. Whistle and end zone face-off.**
- f. Whistle and end zone face-off & after a warning goalkeeper may be assessed a minor penalty for delay of game.**

**48. An attacking player is pushed by a defender into the defender's goalie. The attacking player makes a reasonable effort to avoid the goalie. A goal is scored simultaneously. The goal should be allowed.**

- a. True;**
- b. False.**

**49. A legal change of players during play occurs when:**

- a. The player coming off the ice is touching the dasher at the bench;**
- b. The player coming off the ice is within 5 feet of the bench;**
- c. The player coming off the ice is at their own bench and out of play.**

**50. The widened portion of the goalkeeper's stick extending up the shaft from the blade shall not extend more than how many inches from the heel:**

- a. 22**
- b. 26**
- c. 28**
- d. 30**

**NATIONAL ICE HOCKEY OFFICIALS  
2019 – 2020 RULES EXAMINATION - ANSWER SHEET**

#	ANSWER	RULE	SECTION	PART	#	ANSWER	RULE	SECTION	PART
1.					26.				
2.					27.				
3.					28.				
4.					29.				
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**NATIONAL ICE HOCKEY OFFICIALS  
2019 – 2020 RULES EXAMINATION - ANSWER SHEET**

#	ANSWER	RULE	SECTION	PART	#	ANSWER	RULE	SECTION	PART
1.					26.				
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